

# March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Instructors Schedule:</b> <b>Mike</b> <b>Jay</b> <b>Gibby</b> Dallas <b>Brad</b>	<sup>1</sup> <b>5:30-6:30 pm</b> Speed Skating <b>6:45-7:45pm</b> Baseball 1 Strength	<sup>2</sup> <b>7:00-8:00pm</b> X-Strength	<sup>3</sup> <b>5:30-6:30pm</b> Baseball 1 Conditioning <b>6:50-7:50pm</b> PGMHA - PW Tier 2	<sup>4</sup> <b>5:30-6:30pm</b> X-Strength <b>6:45-7:45pm</b> PGMHA - BTM Tier 2	<sup>5</sup> <b>5:30-6:30pm</b> Speed Skating <b>6:45-7:45pm</b> Baseball 1 Hitting <b>8:15-9:15pm</b> Baseball 1 Strength	<sup>6</sup>
<sup>7</sup> <b>2:00-3:00pm</b> Titans Baseball BP	<sup>8</sup> <b>5:30-6:30 pm</b> Speed Skating <b>6:45-7:45pm</b> Baseball 1 Strength	<sup>9</sup> <b>3:00-4:30pm</b> UNBC Baseball Skills <b>7:00-8:00pm</b> X-Strength	<sup>10</sup> <b>3:00-4:30pm</b> UNBC Baseball Skills <b>5:30-6:30pm</b> Baseball 1 Conditioning <b>6:45-7:45pm</b> Speed Skating	<sup>11</sup> <b>5:30-6:30pm</b> X-Strength	<sup>12</sup> <b>5:30-6:30pm</b> Baseball 1 Hitting <b>6:45-7:45pm</b> Baseball 1 Strength	<sup>13</sup>
<sup>14</sup> <b>2:00-3:00pm</b> Titans Baseball BP	<sup>15</sup> <b>5:30-6:30 pm</b> Baseball 1 Strength	<sup>16</sup> <b>7:00-8:00pm</b> X-Strength	<sup>17</sup> <b>5:30-6:30pm</b> Baseball 1 Conditioning	<sup>18</sup> <b>5:30-6:30pm</b> X-Strength	<sup>19</sup> <b>5:30-6:30pm</b> Baseball 1 Hitting <b>6:45-7:45 pm</b> Baseball 1 Strength	<sup>20</sup>
<sup>21</sup> <b>2:00-3:00pm</b> Titans Baseball BP	<sup>22</sup> <b>5:30-6:30 pm</b> Baseball 1 Strength	<sup>23</sup> <b>7:00-8:00pm</b> X-Strength	<sup>24</sup> <b>5:30-6:30pm</b> Baseball 1 Conditioning	<sup>25</sup> <b>5:30-6:30pm</b> X-Strength	<sup>26</sup> <b>5:30-6:30pm</b> Baseball 1 Hitting <b>6:45-7:45pm</b> Baseball 1 Strength	<sup>27</sup> <b>11:00-12:00pm</b> Baseball 2 Hitting
<sup>28</sup> <b>2:00-3:00pm</b> Titans Baseball BP <b>2:30-3:30pm</b> Baseball On-field UNBC	<sup>29</sup> <b>5:30-6:30 pm</b> Baseball 1 Strength	<sup>30</sup> <b>7:00-8:00pm</b> X-Strength	<sup>31</sup> <b>5:30-6:30pm</b> Baseball 1 Conditioning <b>6:45-7:45pm</b> Baseball 2			